

Congratulations! You made a great decision by enrolling for Accident, Critical Illness and Hospital Indemnity Insurance issued by **The Prudential Insurance Company of America (Prudential).** 

- But did you know that your coverage includes a wellness benefit<sup>1</sup> of \$50 for Accident, \$50 for Critical Illness and \$50 for Hospital Indemnity Insurance, which helps you to stay healthy by rewarding you for routine health screening tests such as your annual check-up, dental exam, mammogram, and more?<sup>2</sup> And now you can easily submit your wellness claim without any documentation just by:
  - Visiting www.prudential.com/mybenefits
  - Or calling 844-455-1002, M-F, 8 a.m. to 8 p.m. ET to speak with a representative.

Claim your benefit if you or a covered person received one of the covered wellness benefits listed below. For a complete list of health screening tests, please see your Outline of Coverage.

## **Health Screening Test**

Biopsies for cancer

Blood chemistry panel

Blood test to determine total cholesterol

Blood test to determine triglycerides

Bone marrow testing

Breast MRI

Breast sonogram

Breast ultrasound

Cancer antigen 125 blood test for ovarian

cancer (CA 125)

Cancer antigen 15-3 blood test for breast

cancer (CA 15-3)

Carcinoembryonic antigen blood test for

colon cancer (CEA)

Carotid doppler

Chest x-rays

Clinical testicular exam

Colonoscopy

Complete blood count (CBC)

Covid-19 vaccination

Dental exam

Digital rectal exam (DRE)

Doppler screening for cancer

Doppler screening for peripheral

vascular disease

Echocardiogram

Electrocardiogram (EKG)





Electroencephalogram (EEG)

Endoscopy

Eye exam

Fasting blood glucose test

Fasting plasma glucose test

Flexible sigmoidoscopy

Hearing test

Hemoccult stool specimen

Hemoglobin A1C

Immunizations/vaccinations

Lipid panel

Mammogram

Oral cancer screening;

Pap smears or thin prep pap test

Prostate-specific antigen (PSA) test

Routine health check-up exam (including

Covid-19 testing)

Serum cholesterol test to determine LDL and

HDL levels

Serum protein electrophoresis

Skin cancer biopsy

Skin cancer screening

Skin exam

Stress test on bicycle or treadmill

Successful completion of smoking

cessation program

Tests for sexually transmitted infections (STIs)

Thermography;

Two hours post-load plasma glucose test;

Ultrasound screening of the abdominal aorta for

abdominal aortic aneurysms

Ultrasounds for cancer detection:

Virtual colonoscopy.

<sup>1</sup> The health screening benefit is payable once per calendar year, per covered person, if the covered person receives a covered health screening test while not confined in a hospital. 2 The health screening benefit is not available in all states and may be referred to as a wellness benefit or health screening benefit in your certificate.

Group Accident, Group Critical Illness and Group Hospital Indemnity Insurance coverages are limited benefit policies and are not substitutes for medical coverage that provides benefits for medical treatment, including hospital, surgical and medical expenses, and they do not provide reimbursement for such expenses. Group Insurance coverages are issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ.